

The following health care expenses qualify for reimbursement under a **Flexible Spending Account (FSA)** plan.

Only health care expenses *not* reimbursed by insurance can be claimed.

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| Acupuncture (excluding remedies and treatments prescribed by acupuncturist) | Endodontist fees   | Physician fees (cosmetic procedures not eligible)                 |
| Alcoholism treatment  | Eyeglasses prescribed by your doctor   | Podiatrist fees   |
| Ambulance   | Eye examination fees   | Prescribed medicines  |
| Artificial limbs/teeth  | Eye surgery (cataracts, LASIK, etc.)   | Psychiatric care  |
| Chiropractors   | Hearing devices and batteries  | Psychologist and psychiatrist fees                                |
| Christian Science practitioner's fees                                       | Home health care   | Radiology   |
| Contact lenses and solutions  | Hospital bills   | Routine physicals and other non-diagnostic services or treatments |
| Co-payments (doctor, dental, vision, pharmacy)                              | Insulin  | Smoking cessation programs  |
| Costs for physical or mental illness confinement                            | Laboratory fees  | Surgical fees   |
| Crutches  | Laser eye surgery  | Weight loss programs with a doctor's letter of medical necessity  |
| Deductibles   | Office visits  | Wheelchair  |
| Dental fees (cosmetic procedures not eligible)                              | Obstetrics and fertility   | Vitamins, with doctor's letter of medical necessity               |
| Dentures  | Oral surgery   | X-rays and MRI  |
| Diagnostic fees   | Orthodontic fees   |   |
| Dietary supplements and vitamins with doctor's letter of medical necessity  | Orthopedic devices   |   |
| Drug and medical supplies (syringes, needles, etc.)                         | Osteopath fees   |   |
|   | Over-the-Counter drugs that are medically necessary like allergy medications, aspirin, or antacids with doctor's letter of medical necessity |   |
|   | Oxygen   |   |
|   | Periodontist fees  |   |

Items *requiring a physician's letter* listing a medical condition making the item necessary.

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Bedpans and ring cushions  
 Boost/Pediasure  
 Foot Spa  
 Herbs  
 Massagers  
 Massages  
 Minerals  
 Multivitamins  
 Oxygen  
 Reconstructive surgery in connection with birth defect, disease, or accident.  
 Special supplements  
 Special school for disabled child  
 Special teeth cleaning system  
 Therapeutic support gloves  
 Vitamins  
 Weight loss programs and fees pertaining to a specific disease  
 Wigs for hair loss caused by disease

Health care expenses that *do not qualify* for reimbursement under an FSA plan.

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Cosmetic surgery, procedures, and/or medications  
 Dental bleaching  
 Hair restoration (procedures, drugs or medications)  
 Health club or gym memberships for general health  
 Marriage and family counseling  
 Over-the-Counter drugs or medications that are not prescribed by your physician  
 Weight loss programs for general health or appearance  
 Mail order prescriptions from another country  
 Premiums you or your spouse pay for insurance coverage



## Accepted Over-the-Counter (OTC) Items

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### Diabetes

- Diabetic lancets
- Diabetic needles
- Diabetic supplies
- Diabetic syringes
- Diabetic test strips
- Glucose meters
- Glucose tablets

### Ear/Eye Care

- Contact lens solutions

### Health Aids

- Denture adhesives
- Lice control
- Medicated bandages

### Personal Test Kits

- Cholesterol tests
- Colorectal cancer screening tests
- Home drug tests
- Ovulation indicators
- Pregnancy tests

## Over-the-Counter (OTC) items

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- Adhesive or elastic bandages
- Blood pressure meter
- Cold or hot compresses
- Leg or arm braces
- Thermometers

## OTC items - not acceptable

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|---------------------------|-------------------------|
| Aromatherapy              | Low "carb" foods        |
| Baby bottles and cups     | Low calorie foods       |
| Baby oil                  | Mouthwash               |
| Baby wipes                | Oral care               |
| Breast enhancement system | Petroleum jelly         |
| Cosmetics                 | Shampoo and conditioner |
| Cotton swabs              | Skin care               |
| Dental floss              | Spa salts               |
| Deodorants                | Sun tanning products    |
| Feminine care             | Toothbrushes            |
| Hair regrowth             |                         |